

# PDST

Professional Development  
Service for Teachers

An tSeirbhís um Fhorbairt  
Ghairmiúil do Mhúinteoirí



# Physical Education Primary Workshops



## GYMNASTICS

In this practical 2-hour workshop we will explore the strand of Gymnastics in Primary Physical Education. We will practise how movement can be developed sequentially. The activities outlined are designed to promote skilful body management, an essential aspect of the overall movement education of the child. This is an active workshop, please dress accordingly.

Register to attend one of these workshops at [www.pdst.ie/onlinebooking](http://www.pdst.ie/onlinebooking)

Title	Venue	Date	Time
<b>PRIMARY GYMNASTICS</b>	St. John's National School, Co. SLIGO	16/01/18	3pm – 5pm
<b>PRIMARY GYMNASTICS</b>	Farnham NS, Drumellis, Co. CAVAN	23/01/18	3pm – 5pm